



Aging in Place...a check list

Elder Care Check list: as we get a little older and we want to stay in our homes as long as we can. HDR Remodeling wants to help you or a relative stay safely in their primary residence as long as they can. **Please complete the check list and return it to us and we can set up a evaluation of the home.**

Exterior (check applicable boxes)

- Can the client easily access the front door?
- Are more railings needed?
- Need a ramp?
 - For the front porch or walk?
- Is there sufficient light at the front porch?
- Are motions detectors needed?
- Install peep hole in front and rear door?
- Adjust or move the mailbox for ease of use?
- Does the front and rear doors lock properly, do they have dead bolts keyed on outside only? We do not recommend the use of locks on the inside of the house that require a key to open. It is a fire hazard.
- Does the threshold on the front and rear door cause a trip hazard?
 - Is a lower threshold needed?
- Do the windows lock to provide security?
- Should we install extra window locks?
- Metal window security bars must have quick release.
- Are handrails at proper height and in good condition?
 - Do they have gribble handrails as required?

Bathroom/ Laundry Room

- Does the client need grab bars to safely get into and out of the tub?
- Install grab bars for the toilet?
- Is the toilet stable enough?
 - Should we consider a taller toilet for ease of use?
- Install non-skid strips under rugs and in tub?
- Install shower or tub bench?
- Install adjustable height shower wand?
- Are the outlets in the bathroom complete with Ground Fault Circuit Interrupters (GFCI) with small red buttons in the center of the plug?
- Does the threshold pose a trip hazard getting into the bathroom?
- Install different door handles; lever type?
- Does the hot water pipe under the sink need to be covered to avoid contact with knees (for clients with wheelchairs).

Kitchen

- Do all sinks or stationary tubs work and drain properly?
- Are the outlets in the bathroom complete with Ground Fault Circuit Interrupters (GFCI) with small red buttons in the center of the plug?
- Does the threshold pose a trip hazard entering the kitchen?
- Does the room have adequate overhead lighting?
- Install hot proof surface next to stove and oven?
- Install level type faucet handle for ease of use?

For clients with wheelchairs;

- Does the hot water pipe under the sink need to be covered to avoid contact with knees
- Is there adequate under counter knee space?
- Are the ramps adequate for easy entry and exit from the house, through the house and into the bath?

Living, Dining Bedroom

- Do rugs have non-slip pad or rug tape?
- Is there need for grab bars to get up or down?
 - From chair etc.?
- Able to turn on lights and place calls from bed or chair?
- Are there sufficient electrical outlets in the rooms?
- Do we need to get rid of some extension cords?
- Able to hear and answer phone calls?
- Secure throw and area rugs with double sided tape.
- Any portable heaters used unsafely?
- Able to reach closet rods? Move down?
- Do closets have lights inside?
 - Is the light easy to reach

General Safety

- Are there smoke detectors in each sleeping room?
- Are there smoke detectors in the hallway outside sleeping rooms?
- Able to open windows and doors?
- Able to reach heating controls?
- Water heater strapped to code
- Furnace filters changed and extras on site?

Please complete and return to us and we can give you a free estimate of what the cost of these improvements would be.