

Honey Do Repair Aging in Place

Elder Care Check list

This is a checklist to help elders stay safely in their homes. This is only a general checklist and is not intended to rate the safety level of the home. This is to try to find ways to make our clients feel and be safe in their homes.

Exterior

- Can the client easily access the front door?
- Is there sufficient light, does the front porch light work, does the rear door light work?
- Install peep hole in front and rear door?
- Adjust the mailbox for ease of use?
- Does the front and rear doors lock properly, do they have dead bolts keyed on outside only?
- Does the threshold on the front and rear door cause a trip hazard?
- Do the windows lock to provide security?
- Do windows open to provide alternate means of exit in case of a fire?
- Metal window security bars must have quick release.
- Need a ramp?
- Are handrails at proper height and in good condition?
- Adjust the clothesline for ease of use?

Bathroom/ Laundry Room

- Do all sinks, toilets and tubs work and drain properly?
- Able to hand wash and hang clothes to dry?
- Is the toilet stable enough?
- Is the sink mirror the proper height?
- Install non-skid strips under rugs and in tub?
- Does the room have adequate overhead lighting?
- Does the homeowner need grab bars to safely get into and out of the tub?
- Install grab bars for the toilet?
- Install shower or tub bench?
- Install adjustable height shower wand?
- Are the outlets in the bathroom complete with Ground Fault Circuit Interrupters (GFCI) with small red buttons in the center of the plug?
- Does the threshold pose a trip hazard getting into the bathroom?
- Install different door handles; lever type?
- Does the hot water pipe under the sink need to be covered to avoid contact with knees (for homeowners with wheelchairs).

Kitchen

- Do all sinks or stationary tubs work and drain properly?
- Are the outlets in the bathroom complete with Ground Fault Circuit Interrupters (GFCI) with small red buttons in the center of the plug?
- Does the threshold pose a trip hazard entering the kitchen?
- Does the room have adequate overhead lighting?
- Install hot proof surface next to stove and oven?
- Install level type faucet handle for ease of use?

Kitchen (cont.)

For homeowners with wheelchairs;

- Does the hot water pipe under the sink need to be covered to avoid contact with knees
- Is there adequate under counter knee space?

Living, Dining Bedroom

- Do rugs have non-slip pad or rug tape?
- Is there need for grab bars to get up or down?
- Able to turn on lights and place calls from bed or chair?
- Are there sufficient electrical outlets in the rooms?
- Are there too many extension cords used?
- Able to hear and answer phone calls?
- Secure throw and area rugs with double sided tape.
- Any portable heaters used unsafely?
- Able to reach closet rods? Move down?
- Do closets have lights inside?

General Safety

- Are there smoke detectors in each sleeping room?
- Are there smoke detectors in the hallway outside sleeping rooms?
- Able to open windows and doors?
- Able to reach heating controls?
- Water heater strapped to code
- Furnace filters changed and extras on site?